



Healthy Hike and Run

March 29, 2026

19km Individual Overall Timing



Overall Ranking	Race #	Last Name	First Name	Team / Sponsor	CP 1	Split	CP 2	Split	Finish Time	Cat Position	Category
1	99	Leung	Son Keng	--	00:39:11	00:49:16	01:28:27	00:20:53	01:49:20	1	Male 40-49
2	98	Davis	Chris	--	00:41:09	00:50:07	01:31:16	00:18:19	01:49:35	2	Male 40-49
3	60	Tam	Chi Ho	CIO WISDOM	00:45:59	00:56:08	01:42:07	00:21:37	02:03:44	1	Male 14-39
4	102	Kehoe	Lisa	--	00:48:05	00:54:08	01:42:13	00:22:12	02:04:25	1	Female 14-39
5	84	Harris	Marc	--	00:47:27	00:57:00	01:44:27	00:20:51	02:05:18	2	Male 14-39
6	89	Oconnell	Aine	--	00:47:21	00:58:24	01:45:45	00:21:54	02:07:39	1	Female 40-49
7	97	Wong	Yuchit	--	00:48:25	00:58:06	01:46:31	00:22:12	02:08:43	2	Female 14-39
8	62	Stojanovic	Marko	--	00:46:49	00:58:57	01:45:46	00:24:00	02:09:46	3	Male 14-39
9	31	Lui	Hoi Kei	CIO WISDOM	00:50:02	00:59:01	01:49:03	00:21:47	02:10:50	3	Male 40-49
10	52	Coco	Sam	--	00:49:26	01:00:56	01:50:22	00:23:33	02:13:55	4	Male 40-49
11	3	Fung	Alan	--	00:47:12	00:59:10	01:46:22	00:28:20	02:14:42	5	Male 40-49
12	70	Leboeuf	Xavier	--	00:50:32	01:01:40	01:52:12	00:23:44	02:15:56	4	Male 14-39
13	57	Cheung	Chung Ho	CIO WISDOM	00:50:41	01:03:10	01:53:51	00:22:18	02:16:09	1	Male 50+
14	116	Reed	Scott	--	00:51:06	01:02:22	01:53:28	00:24:06	02:17:34	2	Male 50+
15	33	Lee	Edmond	CIO WISDOM	00:52:25	01:01:27	01:53:52	00:24:10	02:18:02	6	Male 40-49
16	95	Challoner	Amy	--	00:51:27	01:03:05	01:54:32	00:23:46	02:18:18	2	Female 40-49
17	83	Keung	Victor	--	00:51:11	01:05:55	01:57:06	00:26:05	02:23:11	7	Male 40-49
18	30	Leung	Wiwin	CIO WISDOM	00:54:46	01:04:16	01:59:02	00:24:31	02:23:33	1	Female 50+
19	28	Tang	Tsz On	CIO WISDOM	00:52:15	01:06:56	01:59:11	00:24:35	02:23:46	8	Male 40-49
20	105	Aldeguer Calvache	Mario	--	00:53:31	01:05:40	01:59:11	00:24:39	02:23:50	5	Male 14-39
21	72	Broome	Peter	--	00:51:51	01:06:02	01:57:53	00:26:06	02:23:59	9	Male 40-49
22	27	Tsang	Justin	--	00:55:46	01:06:06	02:01:52	00:23:54	02:25:46	6	Male 14-39
23	104	Sk	Steph	--	00:52:06	01:09:35	02:01:41	00:27:20	02:29:01	3	Female 40-49
24	56	Julia	Yuliana Julia	--	00:54:59	01:08:46	02:03:45	00:25:44	02:29:29	4	Female 40-49
25	46	Woo	Yui Chung	CIO WISDOM	00:59:19	01:07:29	02:06:48	00:27:12	02:34:00	3	Male 50+
26	106	Janvier	Numa	--	00:59:26	01:12:01	02:11:27	00:23:38	02:35:05	10	Male 40-49
27	101	O Connor	Sian	--	00:52:26	01:19:35	02:12:01	00:23:51	02:35:52	5	Female 40-49
28	107	Andre	Margaux	--	00:59:24	01:13:22	02:12:46	00:24:33	02:37:19	3	Female 14-39



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29	20	Li	Yat Wah	CIO WISDOM	00:56:40	01:13:08	02:09:48	00:28:40	02:38:28	4	Male 50+
30	113	Stirling	Alison	--	00:52:27	01:17:33	02:10:00	00:28:30	02:38:30	6	Female 40-49
31	5	Lee	Vincent	--	00:59:30	01:11:58	02:11:28	00:27:15	02:38:43	5	Male 50+
32	59	Lee	Chi Wah	CIO WISDOM	00:59:00	01:13:37	02:12:37	00:26:57	02:39:34	6	Male 50+
33	112	Crooks	Louise	--	00:52:27	01:19:35	02:12:02	00:29:36	02:41:38	7	Female 40-49
34	108	Wong	Tsz Wai	--	01:00:17	01:15:39	02:15:56	00:26:40	02:42:36	7	Male 14-39
35	119	Zhao	Yida	Belle Zhou	00:56:33	01:16:46	02:13:19	00:29:33	02:42:52	4	Female 14-39
36	87	Lindstrom	Malika	--	00:59:34	01:17:09	02:16:43	00:27:19	02:44:02	5	Female 14-39
37	49	Pang	Ping Biu	CIO WISDOM	00:59:20	01:13:22	02:12:42	00:31:52	02:44:34	7	Male 50+
38	85	Smith	Thomas	--	00:59:34	01:17:17	02:16:51	00:27:48	02:44:39	8	Male 14-39
39	80	López-Guzmán	Sergio	--	01:02:05	01:16:20	02:18:25	00:26:29	02:44:54	9	Male 14-39
40	77	Pinat Zecchin	Matias	--	01:02:04	01:16:51	02:18:55	00:26:00	02:44:55	10	Male 14-39
41	90	Turiel	Beatriz	BBVA	01:02:13	01:16:19	02:18:32	00:26:24	02:44:56	6	Female 14-39
42	86	Vallejo	Raquel	--	01:02:11	01:14:49	02:17:00	00:27:56	02:44:56	7	Female 14-39
43	41	Tai	Kin Pong	CIO WISDOM	01:01:02	01:15:06	02:16:08	00:30:11	02:46:19	11	Male 40-49
44	40	Ng	Roy	CIO WISDOM	01:00:44	01:15:14	02:15:58	00:30:27	02:46:25	8	Male 50+
45	42	Lui	Wing Keung	CIO WISDOM	01:00:47	01:15:28	02:16:15	00:30:20	02:46:35	9	Male 50+
46	69	Leboeuf	Mario	--	01:00:57	01:16:28	02:17:25	00:31:05	02:48:30	10	Male 50+
47	63	Schnepf-Comeau	Sabine	--	01:01:54	01:18:17	02:20:11	00:28:35	02:48:46	8	Female 40-49
48	71	Pike	Jason	--	01:02:14	01:18:37	02:20:51	00:28:21	02:49:12	11	Male 50+
49	82	Kelly	Mark Arthur	Team Ireland	00:42:11	01:38:06	02:20:17	00:31:02	02:51:19	12	Male 40-49
50	25	Wong	Wo Pui	--	01:00:16	01:19:11	02:19:27	00:32:04	02:51:31	12	Male 50+
51	96	Au	Chun Kit	--	01:00:37	01:19:20	02:19:57	00:32:25	02:52:22	11	Male 14-39
52	32	Li	Kathy	CIO WISDOM	01:05:23	01:18:35	02:23:58	00:30:16	02:54:14	9	Female 40-49
53	37	Tang	Patrick	CIO WISDOM	01:07:32	01:22:03	02:29:35	00:28:58	02:58:33	13	Male 50+
54	12	Tsoi	Terance	--	01:02:09	01:22:32	02:24:41	00:34:17	02:58:58	14	Male 50+
55	100	Hernandez	Neng	--	01:06:47	01:20:38	02:27:25	00:31:54	02:59:19	8	Female 14-39
56	9	Tsang	Yip Kei	CIO WISDOM	01:02:09	01:29:33	02:31:42	00:28:46	03:00:28	13	Male 40-49



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57	43	Wong	Annie	CIO WISDOM	01:07:13	01:24:04	02:31:17	00:30:30	03:01:47	10	Female 40-49
58	17	Lam	Joan	--	01:04:54	01:27:27	02:32:21	00:32:28	03:04:49	2	Female 50+
59	55	Chou	Kwok Ying	CIO WISDOM	01:09:23	01:26:35	02:35:58	00:30:49	03:06:47	15	Male 50+
60	54	Chan	Woon Yeung	CIO WISDOM	01:10:22	01:25:50	02:36:12	00:32:29	03:08:41	16	Male 50+
61	73	Muros	Guillermo	--	01:05:15	01:30:51	02:36:06	00:32:56	03:09:02	12	Male 14-39
62	74	Tang	Amelie	--	01:05:17	01:30:50	02:36:07	00:32:55	03:09:02	9	Female 14-39
63	110	Diongon	Shaw	--	01:07:25	01:27:51	02:35:16	00:34:51	03:10:07	10	Female 14-39
64	109	Pesuelo	Jhoan	--	01:09:35	01:27:17	02:36:52	00:37:07	03:13:59	11	Female 40-49
65	23	Karen	Luk	CIO WISDOM	01:12:31	01:35:20	02:47:51	00:30:46	03:18:37	12	Female 40-49
66	103	Ferris Monera	Jose	--	01:13:48	01:31:33	02:45:21	00:33:46	03:19:07	17	Male 50+
67	8	Singhal	Sumit	CIO WISDOM	01:11:48	01:31:57	02:43:45	00:37:08	03:20:53	14	Male 40-49
68	115	Fernandez	Emelyn	--	01:16:03	01:33:20	02:49:23	00:31:42	03:21:05	13	Female 40-49
69	94	Borchman	Rochelle	--	01:15:29	01:33:02	02:48:31	00:35:58	03:24:29	14	Female 40-49
70	18	Ng	Leo	CIO WISDOM	01:12:41	01:37:17	02:49:58	00:35:53	03:25:51	18	Male 50+
71	111	Magbanua	Kristine	--	01:16:04	01:37:44	02:53:48	00:36:14	03:30:02	11	Female 14-39
72	11	Ho	Chi Lok	CIO WISDOM	01:19:44	01:36:51	02:56:35	00:34:12	03:30:47	13	Male 14-39
73	65	Da Graca	Teresa	--	01:20:35	01:36:06	02:56:41	00:35:44	03:32:25	15	Female 40-49
74	61	Yip	Edwin	--	01:27:42	01:31:19	02:59:01	00:34:56	03:33:57	19	Male 50+
75	21	Chan	Ada	CIO WISDOM	01:14:26	01:45:06	02:59:32	00:36:55	03:36:27	3	Female 50+
76	22	Cheng	Wai Ching	CIO WISDOM	01:14:26	01:45:08	02:59:34	00:36:59	03:36:33	20	Male 50+
77	39	Chen	Wing	CIO WISDOM	01:20:56	01:42:09	03:03:05	00:34:35	03:37:40	15	Male 40-49
78	7	Lee	Chun Ho	--	01:11:53	01:51:31	03:03:24	00:38:40	03:42:04	16	Male 40-49
79	6	Cheung	Wing Yin	--	01:11:52	01:51:43	03:03:35	00:38:30	03:42:05	12	Female 14-39
80	14	Ye	Daonian	CIO WISDOM	01:19:22	01:47:14	03:06:36	00:39:22	03:45:58	17	Male 40-49
81	2	Redfern	Alan	--	01:19:34	01:45:42	03:05:16	00:41:41	03:46:57	14	Male 14-39
82	15	Chu	Ruru	CIO WISDOM	01:19:28	01:47:07	03:06:35	00:42:01	03:48:36	13	Female 14-39
83	93	Capone	Angela	--	01:16:14	01:53:54	03:10:08	00:38:51	03:48:59	16	Female 40-49
84	78	Kung	Joyce	--	01:23:09	01:50:37	03:13:46	00:42:26	03:56:12	4	Female 50+



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85	13	Wong	Sau Ting Peony	--	01:29:26	01:47:30	03:16:56	00:40:58	03:57:54	5	Female 50+
86	68	Li	Yat Sing	--	01:11:30	02:09:17	03:20:47	00:48:25	04:09:12	21	Male 50+
87	117	Siu	Cheuk Yiu	--	01:36:28	02:04:50	03:41:18	00:48:06	04:29:24	22	Male 50+
88	58	Zhu	Qiaolin	CIO WISDOM	--	--	--	--	01:00:05	DNF	Female 40-49
89	118	Apilluelo	Juan	--	00:48:16	01:37:17	02:25:33	00:28:27	02:54:00	DNF	Male 40-49
90	92	Hogan	Tanya	--	00:57:20	02:12:12	03:09:32	--	--	DNF	Female 40-49
91	1	Bellot	Jerome	--	--	--	--	--	--	DNS	Male 40-49
92	4	Koh	Ks	--	--	--	--	--	--	DNS	Male 50+
93	10	Walmsley	Susy	--	--	--	--	--	--	DNS	Female 50+
94	16	Chan	Ronald	CIO WISDOM	--	--	--	--	--	DNS	Male 50+
95	19	Bastians	Stephen	--	--	--	--	--	--	DNS	Male 50+
96	24	Chan	Yim Bing Jackie	CIO WISDOM	--	--	--	--	--	DNS	Female 50+
97	26	Barker	Peter	--	--	--	--	--	--	DNS	Male 40-49
98	29	Tse	Alwyn	CIO WISDOM	--	--	--	--	--	DNS	Male 50+
99	34	Ngan	Anson	CIO WISDOM	--	--	--	--	--	DNS	Male 40-49
100	35	Lee	Wai Lun	CIO WISDOM	--	--	--	--	--	DNS	Male 40-49
101	36	Li	Yuen Wing	CIO WISDOM	--	--	--	--	--	DNS	Male 40-49
102	38	So	Sin On	CIO WISDOM	--	--	--	--	--	DNS	Male 50+
103	44	Cheung	Ting Chun	CIO WISDOM	--	--	--	--	--	DNS	Male 14-39
104	45	Tin	Chung	CIO WISDOM	--	--	--	--	--	DNS	Male 50+
105	47	Tsang	Michelle	CIO WISDOM	--	--	--	--	--	DNS	Female 50+
106	48	Wai Kit	Chan	--	--	--	--	--	--	DNS	Male 40-49
107	50	Yeung	Chi Hang	CIO WISDOM	--	--	--	--	--	DNS	Male 40-49
108	51	Chan	Bonnie	CIO WISDOM	--	--	--	--	--	DNS	Female 40-49
109	53	Lee	Bunsen	CIO WISDOM	--	--	--	--	--	DNS	Male 50+
110	64	Dubey	Charles-Henry	dip	--	--	--	--	--	DNS	Male 14-39
111	66	Minns	Jay	--	--	--	--	--	--	DNS	Male 14-39
112	75	Sones	Marvin	--	--	--	--	--	--	DNS	Male 40-49



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113	76	Macisaac	Fraser	--	--	--	--	--	--	DNS	Male 14-39
114	81	Smith	Alexa	--	--	--	--	--	--	DNS	Female 14-39
115	88	Lindberg	David	--	--	--	--	--	--	DNS	Male 50+
116	91	Oser	Ely	--	--	--	--	--	--	DNS	Male 14-39